

**Buffets Inc. Nutrition Information
Condiment Items**

Subject to change without notice.
Items vary daily.

Menu Item	Serving Size, grams	Calories	Calories from Fat	Fat, grams	Saturated Fat, grams	Trans Fat, grams	Cholesterol, milligrams	Protein, grams	Carbohydrate, grams	Total Sugars, grams	Fiber, grams	Sodium, milligrams
Butter	5 (1 packet)	35	40	4	2.5	0	10	0	0	0	0	30
Cocktail Sauce	30 (1 fl oz ladle)	30	0	0	0	0	0	0	8	6	0	330
Coffee Creamers, packet	11 (1 packet)	10	5	0.5	0	0	0	0	0	0	0	0
Cranberry Sauce	30 (1 fl oz ladle)	45	0	0	0	0	0	0	12	12	0	10
Crushed Red Pepper	2 (1 tsp)	10	5	0.5	0	0	0	0	1	0	<1	0
Honey	12 (1 packet)	35	0	0	0	0	0	0	10	9	0	0
Horseradish Sauce	30 (1 ladle)	60	50	5	3	0	10	1	2	<1	0	90
Hot Sauce	5 (1 tsp)	0	0	0	0	0	0	0	0	0	0	125
Jelly, packet	14 (1 packet)	40	0	0	0	0	0	0	10	7	0	0
Ketchup	9 (1 packet)	10	0	0	0	0	0	0	3	2	0	100
Lemons	8 (1 slice)	2	0	0	0	0	0	0	<1	0	0	0
Margarine	5 (1 packet)	35	40	4	1	1	0	0	0	0	0	40
Mayonnaise	14 (1 Tbsp)	100	100	11	1.5	0	15	0	0	0	0	85
Mustard	6 (1 packet)	0	0	0	0	0	0	0	0	0	0	70
Non-Dairy Creamers, packet	11 (1 packet)	10	5	0.5	0	0	0	0	0	0	0	0
Peanut Butter	16 (1 Tbsp)	100	70	8	1.5	0	0	4	3	1	1	80
Pickle Relish	15 (1 Tbsp)	25	0	0	0	0	0	0	6	3	0	140
Pickles	11 (1 spoon)	2	0	0	0	0	0	0	<1	0	0	140
Soy Sauce	5 (1 tsp)	2	0	0	0	0	0	0	<1	0	0	340
Tartar Sauce	30 (1 fl oz ladle)	150	130	14	2	0	10	0	4	3	0	220



Nutritional information does not apply to restaurants compliant with trans fat legislation in their city or county: #756 Philadelphia, PA; #271 Gaithersburg, MD; #223 Levittown, NY; #197 Bellevue, WA; #310 Federal Way, WA; #814 Kent, WA; #172 Catonsville, MD. For a typical adult who consumes 2,000 calories a day, the recommended limits are 20 grams of saturated fat and 2,400 milligrams of sodium. Nutritional data calculated using standardized recipes and a combination of laboratory analysis and nutrition software analysis and is rounded according to FDA labeling guidelines. Nutrition information presented is based on the individual piece or serving utensil measure for each menu item. There may be variations in nutrient content across servings, due to preparation, variable serving sizes, ingredients, or custom orders. Any changes in amount or type of ingredients or preparation that deviates from the standardized recipe invalidates the nutrient content as listed. Please be advised that not all foods on this list are offered every day, nor are all foods offered at all locations.